

Calendario Corsi 2021/2022

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
9.30 - 10.50 HATHA YOGA <i>Cristina</i>	9.30 - 10.30 PILATES <i>Agnese</i>	9.30 - 10.40 YOGA DOLCE <i>Cristina</i>	9.30 - 10.50 HATHA YOGA <i>Cristina</i>		9.00 - 10.20 HATHA YOGA <i>Roberto</i>
18.30 - 19.50 HATHA YOGA <i>Cristina</i>	12.45 - 14.05 HATHA YOGA <i>Cristina</i>	12.30 - 13.30 PILATES <i>Agnese</i>	11.00 - 12.00 PILATES <i>Agnese</i>	17.00 - 18.00 PILATES <i>Agnese</i>	10.30 - 11.50 VINYASA YOGA <i>Roberto</i>
20.00 - 21.20 HATHA YOGA <i>Cristina</i>	18.00 - 19.20 HATHA YOGA <i>Cristina</i>	17.00 - 18.00 PILATES <i>Agnese</i>		18.00 - 19.00 PILATES <i>Agnese</i>	
	19.40 - 21.00 VINYASA YOGA <i>Roberto</i>	18.00 - 19.00 PILATES <i>Agnese</i>	18.30 - 19.50 VINYASA YOGA <i>Elisa</i>	19.00 - 20.00 PILATES <i>Agnese</i>	
		19.10 - 20.30 HATHA YOGA <i>Cristina</i>	20.00 - 21.20 VINYASA YOGA <i>Elisa</i>		